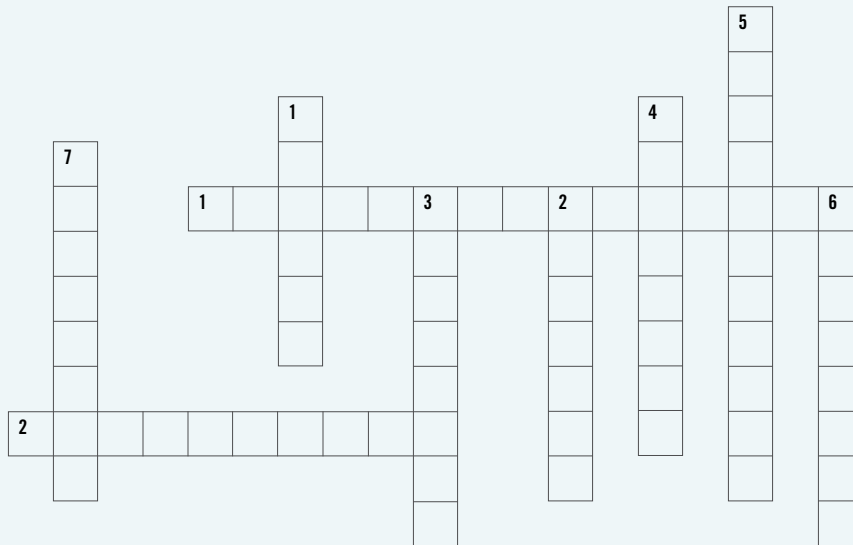


CROSSWORD: All work, no play

DIRECTIONS: If you've read this issue, coming up the words/phrases for this crossword will be a snap. If you haven't, don't stress, just have fun! When you're done, pick a prize from your "You're a Winner" list, below. Note: If the answer is a phrase, don't include spaces or punctuation in the boxes.



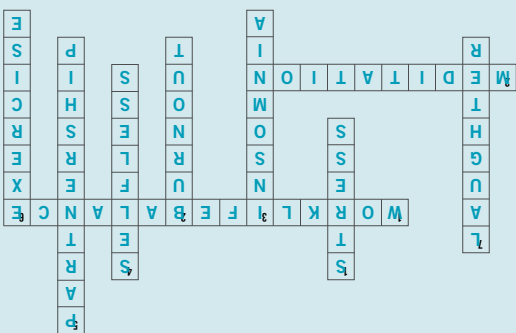
ACROSS

- 1. When you work all the time and don't rest, this is out of whack
- 2. A quiet way to reduce stress

DOWN

- 1. How the body responds to demands put on it
- 2. Condition that occurs when work stress and frustration pile up without getting fixed
- 3. Sleep-related problem that is a symptom of stress
- 4. Compassionate quality that describes many caregivers
- 5. Style of working that defines the relationship between Kaiser Permanente and the Coalition of Kaiser Permanente Unions
- 6. An active way to reduce stress
- 7. "The best medicine"

Use LMP puzzles and games to provide some fun in meetings while reinforcing partnership concepts. Visit LMPPartnership.org/tools/puzzlesand-games for puzzles, games, meeting icebreakers and more.



ANSWER KEY:

